

**Bridging research, practice and advocacy as part of a network to promote mental wellbeing in academia**



Funded by the  
European Union

- 300 Action Members from 40+ countries
- Researcher Mental Health and Well-being Manifesto
- Ambassador Training School
- ReMO 2024 Conference in Budapest
- Over 1000 people attended ReMO Webinars
- STAIRCASE Survey on Sustainable Working Conditions in Academia
- 3 Working Groups working at individual, institutional and policy levels
- ReMO Manifesto cited in EU policy report on uptake of AI in science
- Communication: YouTube Channel, Social Media, Podcasts, Zenodo, etc.
- New EU Charter for Researchers includes mental health
- National Policy Briefs and 3 Article Collections

