

# Team for Mental Health of the German Young Chemists Network

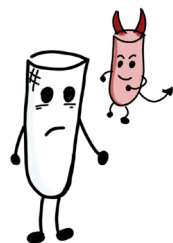


## We are...

- A German-wide group of young chemists (students, PhD students, PostDocs)
- Made up of volunteers, no professionals

## Our goals

- **Inform** students about mental health related topics
- **Provide help** for younger students
- **Improve the situation** of chemistry students and PhD students



## Our projects

- Sharing submitted stories of chemistry students on a **blog**
- Organizing **online lectures** with mental health professionals for students
- Organizing **workshops**
- Establishing a **mentoring program**, pairing older students with younger ones
- **Collecting data** on the mental health of PhD students to assess their situation



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