



Addressing the imposter syndrome among us!

- *“internal experience of intellectual phoniness”* (Clane & Imes, 1978) which is highly prevalent in academia (Bravata et al., 2020) with experiences including (McCashin, in prep):
 - Living silently through the cracks – the permanent perception of non-belonging
 - The predictable cognitive cycle of the ‘impostor’ – a double-edged sword of falsifiable evidence
 - Learning from others to question IP and the system – the attribution of blame dilemma
- To intervene or not? The dilemma of the label with top-down vs. bottom-up factors...
- *Sharing the unveiling of our mask(s)* as a proposed solution – observations from the ReMO COST Action

